

What I've Noticed: Signs-by-Age Record

Tick the signs you have seen *more than once, over time*, and write a real example next to the section. Bring it to a teacher or clinician. This is a record of observations, not a screening test: it has no score, and only a professional can diagnose a learning disability.

Name or initials: _____ Age or grade: _____ Date: _____ Noticed for about: _____

Preschool

- ☐ Pronunciation problems
- ☐ Trouble finding the right word
- ☐ Trouble making rhymes
- ☐ Trouble learning numbers, alphabet, days of the week, colors, shapes
- ☐ Trouble concentrating
- ☐ Trouble getting along with other children
- ☐ Trouble following directions or routines
- ☐ Trouble controlling a pencil, crayons, scissors

Example:

Grades K–4

- ☐ Trouble linking letters and sounds
- ☐ Confuses basic words (run, eat, want)
- ☐ Consistent reading and spelling errors (b/d, felt/left, house/home)
- ☐ Trouble learning basic math concepts
- ☐ Trouble learning about time
- ☐ Takes a long time to learn new skills
- ☐ Trouble remembering facts

Example:

Grades 5–8

- ☐ Trouble with reading comprehension or math
- ☐ Trouble with letter sequences (soiled/solid)
- ☐ Trouble with prefixes, suffixes, root words
- ☐ Trouble organizing room, notebook, papers, desk
- ☐ Trouble keeping up with assignments
- ☐ Trouble with handwriting
- ☐ Trouble with time management
- ☐ Trouble following discussions or expressing thoughts aloud

Example:

High school and adults

- ☐ Spells the same word differently in one document
- ☐ Avoids reading or writing tasks
- ☐ Trouble with open-ended test questions
- ☐ Trouble with memory skills
- ☐ Trouble using skills in a new setting
- ☐ Slow work pace
- ☐ Trouble with abstract concepts
- ☐ Trouble focusing on details
- ☐ Misreads information

Example:

Already done

- ☐ Vision checked ☐ Hearing checked
- ☐ Learning in a second language or dialect

Help already tried, and what happened:

Strengths and interests

Signs summarized from the Learning Disabilities Association of America, "New to LD" (ldaamerica.org/support/new-to-ld). One sign now and then is normal; LDA suggests considering a learning disability when several signs appear over a period of time (NICHD notes the same). Reviewed October 6, 2026. Online version with a printable summary: inchyapp.com/learning-disabilities-basics